



Recovery Ward Rates:

Body Work

90 minute - \$120.00

60 minute - \$80.00

30 minute - \$45.00

Active Isolated Stretching

30 minutes - \$45.00

15 minute - \$25.00

Graston/Active Release Technique

Each session is based on a maximum length of 20 minutes dependent upon member needs and tolerance.

\$50.00

Therapeutic Taping

\$15.00 per body part

(\$10.00 if member supplies tape)

Full Functional Movement Screen

\$75.00

Includes initial screening, report of findings and customized corrective exercise program.